

EUROPEAN CITIZENSHIP ACADEMY

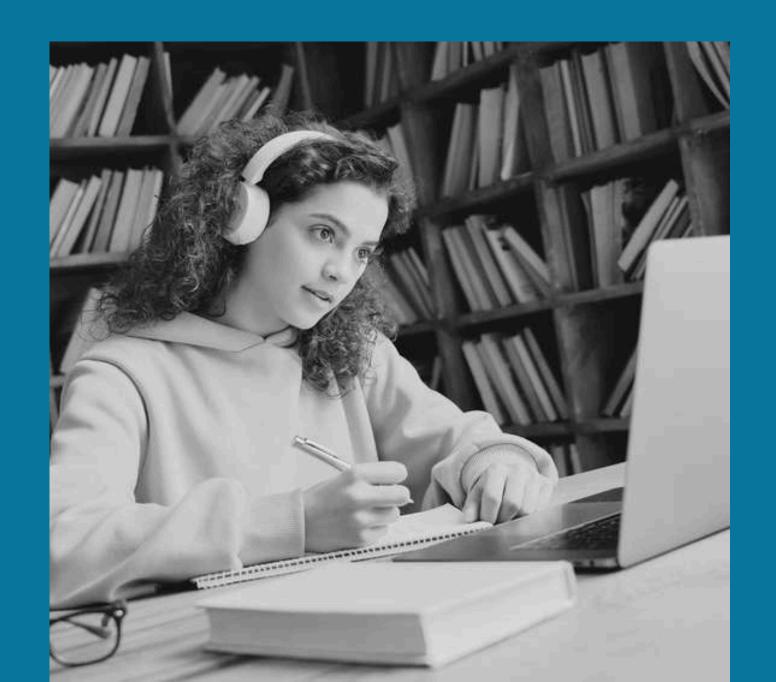
INFOGRAPHICS RECOMMENDATIONS FROM
THE ECA YOUTH EXCHANGES





Infographics Recommendations

All of the following infographics were created based on the young people voices and opinions, collected in a form of a recommendation on a various topics related to European Citizenship areas during our project Youth Exchanges held in France, Spain, Portugal, North Macedonia, Greece, Poland, Italy and Sweden.





ON THE TOPIC OF THE EUROPEAN UNION AND THE ENVIRONMENT





RENEWABLE ENERGY FOR INDUSTRIES

INVEST IN
EDUCATION ABOUT
THE ENVIRONMENT





3

STRICTER TAXATION OF BIG COMPANIES













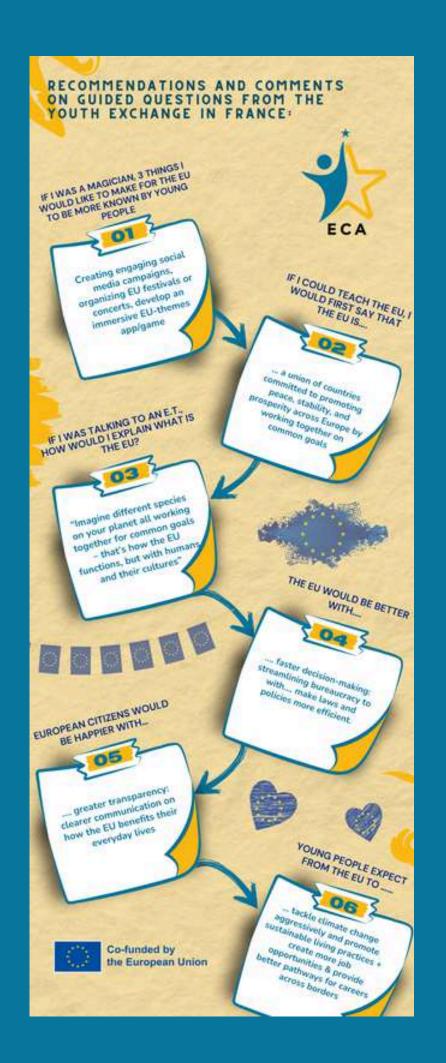


ENCOURAGING INTERNAL MARKET AND LOCAL PRODUCTS











RECOMMENDATIONS AND COMMENTS ON GUIDED QUESTIONS FROM THE YOUTH EXCHANGE IN POLAND:

These recommendations are from 6 young people who participated in our Youth Exchange event in Polanda coming from Greece, Poland, Spain, Portugal and France, attended by 25 youngsters.



If I was a magician, 3 things I would like to make for the EU to be more known by young people

Develop an engaging, multiplayer game where players solve challenges related to EU policies, travel through Europe, and learn about EU institutions while completing exciting quests; Organizing big events for youth like Polish Woodstock; Make one week during school year free, to obligatory go for the youth exchange

If I could teach the EU, I would first say that the EU is

The EU helps its member states work together, making them stronger and more united on the global stage while respecting their individual identities





If I was talking to an E.T., how would I explain what is the EU?

'The euro is more than a currency. It is the symbol of the unification of Europe.", but what with those ones who don't have euro?

The EU would be better with....

It would be better if young people had a greater influence on its actions.





European citizens would be happier with...

Cheaper flights.

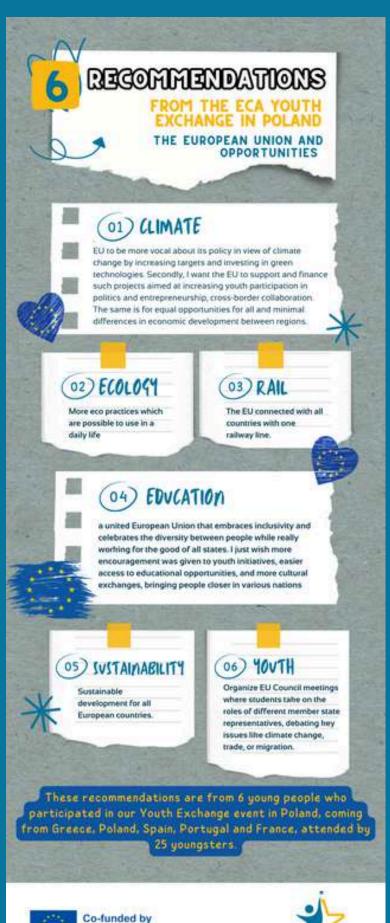
Young people expect from the Eu to

Create more job opportunities for young people and make easier and equal the whole process of applying for a job in another country.









the European Union





RECOMMENDATIONS AND COMMENTS ON GUIDED QUESTIONS FROM THE YOUTH EXCHANGE IN ITALY:



THESE RECOMMENDATIONS ARE FROM 6 YOUNG PEOPLE WHO PARTICIPATED IN OUR YOUTH EXCHANGE EVENT IN ITALY, COMING FROM ITALY, FRANCE, PORTUGAL, GREECE, POLAND, ATTENDED BY 25 YOUNGSTERS.

If I could teach the EU, I would first say that the EU is...

- . EU is a mix of cultures and people that are united under the same values.
- . EU is a union of 27 countries that work together to help each other solve common issues.
- . It is the definition of the phrase "together we are stronger".

The EU would be better if

- · There was more cooperation between countries that are members.
- . It was less conditioned by countries that have a stronger economy and power.
- · Citizens were more educated to respect environment
- It was more inclusive towards different cultures and people with different backgrounds.
- · There was more affordable living for youngsters.
- . There were more activities oriented to involve young people in participating in the community life and connect them to the older generations.



- Affordable housing and cost of life.
- . Easier access to the job market.
- . Equal opportunities and chances to make their voices heard.



Young people expect from the EU to ...

- · Connect youth together and with other generations and decision-makers.
- · Cooperate for a better future.







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RECOMMENDATIONS

FROM THE ECA YOUTH **EXCHANGE IN ITALY**

- I want an EU with more gender equality and the free right to marriage for people of the same sex.
- 02 EU with equal salaries for men and women.
- EU that is more strict and applies stronger environmental regulations on imports from other countries.



- An EU that provides education and information about what is happening in 404 the world around us. Tackling politics and wars of countries that are not only the ones geographically close to the Union.
- An EU that has a better communication with its youth. To have more people that are aware of the opportunities and the available resources.
 - A more sustainable and green Europe. 406
- EU appealing to young people, who is able to bring youngsters to vote. < 07



- l'd like more accessible studying opportunities to go
- I'd like a that Europe would include all diversity and cooperate all together with no discrimination.



- Better strategy to help and integrate refugees. 11
- etter division of resources among the member states.
 giving more to who has less:
- Ecology and environment should be the heart of the European decisions.
 - More social policies and measures to eliminate poverty across the EU.



- Implementation of more sustainable fuels and environmental care.
- Travel, studying and self-development opportunities for all, despite age or background.
- Sharing more knowledge to its citizens about £U's goals, functions, values and opportunities.



- Enhancing the feeting of belonging to the EU, listening more to the voices of young people.
- I want that the voices and the needs of youth reach the decision makers. I wish for a more efficient system of communication
- EU that spreads peace and human rights in countries that are far from European values.



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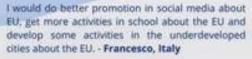
RECOMMENDATIONS AND COMMENTS ON GUIDED QUESTIONS FROM THE YOUTH EXCHANGE IN PORTUGAL:



THESE RECOMMENDATIONS ARE FROM 4 YOUNG PEOPLE WHO PARTICIPATED IN **OUR YOUTH EXCHANGE EVENT IN** PORTUGAL, COMING FROM ITALY, SPAIN, NORTH MACEDONIA, SWEDEN AND PORTUGAL, ATTENDED BY 25 YOUNGSTERS.

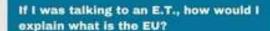
If I was a magician, 3 things I would like to make for the EU to be more known by young people?

I would create partnerships with schools and universities so young people could know more about European Union projects and initiatives. I would also create scholarships so they could be part of those initiatives and finally I would also create more volunteering programs in specific areas so they could identify with those programs and join, for the EU to be more known by young people -Ana, Portugal



I would implement a subject about European Union in school, I would make more gatherings for young people to learn about the European Union through non formal education and I would do more free advertising, not only on social media but also on billboards. - Marija, N.Macedonia







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The European Union is a community that was founded in planet earth which belongs to the milky way. This planet is mainly composed by water and it's composed by land and in the land we have 5 continents. One of them is Europe and most of the tiny pieces of land, that we call countries, that is Europe, they made a community which is called European Union. There are 27 countries in this Union and there might be more and we contribute a lot to the preservation of our environment, to the safety and the creation of infrastructures for the different countries of the European Union. - Gonçalo, Portugal







RECOMMENDATIONS

FROM THE ECA YOUTH EXCHANGE IN PORTUGAL



- 1. To give a bonus/discount to buy electric cars.
- 2 Free public transport tickets.
- 3. To use solar panels:
- 4. To reduce the use of plastic and also the wa that it is recycled and reused.
- 5. To enhance the second-hand stores;
- 6. Paid volunteering for young people to clean both land and oceans, not as a salary, but to involve more people in these kind of projects;
- 7. Electric transportation:
- 8. Cheaper transportation between border countri
- 9. Lower the price of fruits, vegetables and raise the prices of alcohol and tobacco, to help the local industru:
- 10. Promote food sovereignty:
- 11. Urban living to invest in green cities for better public transport and more green areas;
- 12. Cleaner air and water, by reducing the pollution;
- 13. Healthier food: focus on sustainable agriculture as well as food production:
- 14. Opportunities: we expect more green job opportunities, especially for young people;
- 15. To actually make the Green Deal happen, to make the policies in the green deal followed, to make an enforcement of the policies:
- 16. To not let people buy their way and of it no
- 17. Free and accessible public transport;
- 18. Make long distance travel affordable:
- 19. More visibility of climate change problems in schools and university:
- 20. More youth representation.
- 21. Make mental healthcare and wellbeing free and accessible:



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Recommendations from Portugay

RECOMMENDATIONS AND COMMENTS ON GUIDED QUESTIONS FROM THE YOUTH EXCHANGE IN N.MACEDONIA:



THESE RECOMMENDATIONS ARE FROM 4
YOUNG PEOPLE WHO PARTICIPATED IN
YOUTH EXCHANGE EVENT IN
N.MACEDONIA, COMING FROM
MACEDONIA, SWEDEN, PORTUGAL,
POLAND, AND GREECEATTENDED BY 25
YOUNGSTERS.

If I was a magician, 3 things I would like to make for the EU to be more known by young people?

- Education that prepares us for life
- Affordable housing and fair job opportunities for the young people
- Real involvement of the youth in the decision-making processes

The EU would be better with....

Social innovation throught partnersp from EU and non EU countries. Keep investing in young people who are the future of the world. Ensuring security both on political and cultural level



European citizens would be happier with...

All of us, coming from EU or non EU countries deserves better quality life. Together we can do everytning, we just need support from you.



Young people expect from the EU to...

Educating youth on recourses, where to find them, releasing statistics on whats been done and access to that. More platforms for the youth who is interested to be able to reach out, to be involved and heard often. More scientific initiatives with colleaboration with articitic and creative parts. More effort to connect with youth in order to empower them through giving them the opportunities to create actions that are implemented in near future not just policy sugestions.





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RECOMMENDATIONS

FROM THE ECA YOUTH EXCHANGE IN N.MACEDONIA



These recommendations are from young people who joined Youth Exchange event in N. Macedonia, on the topic EU&ME: Rethinking Europe Through Youth Power and Innovation

- I. Al and technology in general are inevitable part of our lives.
- but we need to find ways to make it ethical.
- 2. Regulations of the algorithms that cause the further digital addiction.
- 3More awareness raising campaigns for digital iteracy
- 4 The climate crisis is no longer a distant threat is a pressing reality

5Free mental health support for digital addiction.

- 6.We need a world where the digitalization works for us not against us.
- 7.Cybersecurity isn't just a tech issue, it is a matter of privacy, freedom and trust.
- 8Low rent, dignified standard of living

9 More opportunities for people with disabilities. 10 Help in fight for the discrimination against people with disabilities.

- EU must take stronger, coordinated action to manage migration in a fair and more furnane way.
- 11 Border countries are under significant pressure and solution is urgently needed.
- 12.Migration is a shared European challenge that required solidarity, responsibility and respect towards human rights. 13.Migration should be controlled and spread between all EU countries.
- 14For the immigrants life is hard as well. The cities are separated into immigrant part and non-immigrant part.
- 15.8e brave, stop the lies and spread the love to every human who needs.
- 18.1 would love to see in 10 years, solidarity 8 unity among at EU countries.
- 17.Respect all the values of the EU, remember about human rights, mental health, climate change, economic problems.





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Recommendations from Macedonia

RECOMMENDATIONS AND COMMENTS ON GUIDED QUESTIONS FROM THE YOUTH EXCHANGE IN SWEDEN:



THESE RECOMMENDATIONS ARE FROM THE PARTICIPANS OF THE YOUTH EXCHANGE EVENT IN SWEDEN, COMING FROM N.MACEDONIA, ITALY, GREECE AND SPAIN, ATTENDED BY 25 YOUNGSTERS.

If I could teach the EU, I would first say that the EU is...

- . Face recognistion in national borders.
- . Organising an annual youth festival i different country every year by teleporting the stage, light etc.
- . Every EU policy will be a TikTok video or instagram reel, for example dragons announcing laws.

If I was talking to an E.T., how would I explain what is the EU?

. The European Union (EU) is a unique economic and political union between 27 European countries.

The EU would be better if...

- · Better coordination on defense, economy, migration, foreign policy & political unity
- A big brother you lean on when needed
- · Better communication on different institutions, information on how citizens can be more active and shape policies.

European citizens would be happier with...

- . Economic balance between rich and poor regions
- · Not depending upon other powerful countries
- . Faster and clearer decision making processes that have pransparency.
- More investment in innovation & sustainability



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- · Protect rights & freedoms
- · Provide oppertunities
- · Action on climate change
- · Insure people & security
- parliament.



- Support mobilities
- · More represenation of young people in



RECOMMENDATIONS

FROM THE ECA YOUTH **EXCHANGE IN SWEDEN**

- ncourage the participation of young people in national arliaments, advisory groups, and policy-making
- 02 Make use of a Youth Impact Assessment tool.
- 63 Extend European Solidarity Corps and Erasmus+.



Establish mentorship programs that link young leaders with EU decision-



Create mediorship programs that connect leaders with EU leaders and 205



ed Support youth projects, volunteer work, and youth service. 406



To reach young people in all spheres of life. < 07



Combating internet harassment and hate speech.

All sex groups should have equal opportunities.

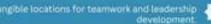


Teach young people digital literacy and critical thinking skills.





Establish low-barrier, expedited funding channels for neighborhood youth campaigns and projects.





Engage young people in evaluating and enhancing the

results, such as policies, rather than merely

Youth programs should be evaluated based on actual







participation rates.



RECOMMENDATIONS AND COMMENTS ON GUIDED OUESTIONS FROM THE YOUTH EXCHANGE IN GREECE:



These recommendations are from +20 young people who participated in our Youth Exchange event in Greece, coming from France, Spain, Greece, Sweden and Portugal, attended by 25 youngsters.

If I was a magician, 3 things I would like to make for the EU to be more known by young people



- An AR app to show how EU policies impact daily life e.g., funding for local parks or sustainability rules on supermarket products.
- An EU Creators Grant giving micro-grants to young people on TikTok, Instagram, and YouTube to create fun, authentic content about EU policies and opportunities.
- A Euro-Hackathon series where youth teams build tech solutions for real EU challenges.

If I could teach the EU, I would first say that the EU







If I was talking to an E.T., how would I explain what is the EU?

It's an experiment in turning conflict into cooperation for a better life for everyone.

The EU would be better with....

Young people in the center of decisions that shape their lives, not just concerned observers.





European citizens would be happier with...

Greater Economic Security: This includes a living wage and stable employment, allowing people to feel secure in their financial future and afford a comfortable life.

Young people expect from the Eu to

Create Quality Jobs and Opportunities: Young people seek a labor market with better job security, fair wages, and fewer unpaid internships. They want the EU to invest in skills that are relevant for a changing economy.









RECOMMENDATIONS

FROM THE ECA YOUTH EXCHANGE IN GREECE



On the topic of European education in the field of youth and the place of Europe in the lives of young people

European Union to invest more in programs that promote dialogue, reconciliation and peace-building. Especially among future leaders, this initiative helps us build trust across cultures and prepare a united, peaceful Europe for generations to come.

The European Union should focus on people, real union between people (not just between states), and what truly matters to the people.

The main goal is to increase acknowledgement about social issues and to solve them efficiently in a way that helps people become more connected.

One of the things I want to change in the EU is racism in the labor market or justification.

More female politicians or MEPs, or a given group of people, young people, in every country.

These recommendations are from +20 young people who participated in our Youth Exchange event in Greece, coming from France, Spain, Greece, Sweden and Portugal, attended by 25 warnasters.







RECOMMENDATIONS AND COMMENTS ON GUIDED QUESTIONS FROM THE YOUTH EXCHANGE IN SPAIN:



THESE RECOMMENDATIONS ARE FROM 4
YOUNG PEOPLE WHO PARTICIPATED IN
YOUTH EXCHANGE EVENT IN SPAIN,
COMING FROM SPAIN, FRANCE, ITALY
POLAND AND NORTH MACEDONIA,
ATTENDED BY 25 YOUNGSTERS.

If I was a magician, 3 things I would like to make for the EU to be more known by young people?

- An official EU youth card which will be valid in all member states, giving discounts on transport, culture, events, sport activities, travels.
- A youth-friendly Erasmus+opportunities. Not just websites full of text, but interactive apps, videos, and mentorship programmes where young people can explore exchanges, volunteering, trainings and scholarships, and also talk to peers who already participated.
- A European support network for wellbeing and self-development

The EU would be better if....

- With opportunities accessible for all of the people regardless the area in which their live, grades, economic status.
- Education accessible for all of the young people (without university taxes etc.)



If I could teach the EU, I would first say that the EU is...

EU is building peace and intercultural understanding. Is a place where people from different countries can meet, learn from each other and try to make the world a better place together. Thanks to projects like Erasmus*. Teaching much more than school about human rights, gender equality and how important it is to understand and respect different cultures.



If I was talking to an E.T., how would I explain what is the EU?

Union Europe is a group of countries in Europe that decided to work together. They share ideas, make decisions together and try to solve problems like climate change, peace, equality or human rights. UE facilitates travel, study, work and free live in other countries. Everything is about cooperation, friendship and building a better future together.





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RECOMMENDATIONS

FROM THE ECA YOUTH EXCHANGE IN SPAIN

ON THE TOPIC OF EUROPEAN EDUCATION IN THE FEELD OF YOUTH

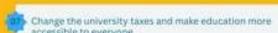
- Europe should focus more on placer building and intercultural understanding.
- 02 Racism should be punished and educated.
- 03 More green volunteering programs.



Mentorship aside of their families and schools, and opportunities to discover themselves outside of their everyday environment.



To create more sport pavilions in small neighborhoods in order to promote healthy lifestyle.



Speak more about Erasmus+ projects

Talk more about Erasmus in schools and its opportunities.



Funds for social projects should be created by young people and it should be same funds for groups of young people who propose ideas on sustainability, inclusion, at, digital or active citizenship.

Possibilities to travel easier, listening to young people's voices, more chances to participate in youth projects.

European Health App Mental - an official EU platform, free with anonymous chats, psychological support and resources to deal with anxiety, school or stress.

Justice should be serious regardless of the seriousness. Victims should speak.







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