

# **INFOPACK**

# **European Citizenship Academy**

Höllviken, Sweden

7th to the 15th of August 2025







## **Host organization: Centre for Capacity Building & Empowerment**

Centre for Capacity Building & Empowerment is a youth-led civil society organization that connects active, adventurous people together. The organization mainly works with young people, especially those coming from marginalized backgrounds. It also works closely with youth workers, trainers, teachers, and organizations active in the non-formal education field and lifelong learning. It also works closely with youth workers, trainers, teachers, and organizations active in the non-formal education field and lifelong learning.





#### **Activities Experience:**

The activities of the organization are to activate Swedish as well as European youth on project activities on various social issues and topics. It has been involved in different youth-oriented projects like the All Key Actions & Sports Project. Our members & volunteers have taken part in various trainings, seminars, youth exchanges, and partnership-building activities both nationally and internationally.





### Theme of the exchange: The European Union and youth Leadership

European Union and youth leadership are the two themes of this youth exchange. During our stay in Sweden, we will look into various aspects of the topics: What is the impact of EU citizenship on our daily life? What do we mean by European citizenship and leadership? How important is it to be in a leadership position for youth? ... and much more!

#### General condition

Countries involved: Sweden, Italy, North Macedonia, Greece, Spain

**Dates: 07/07/2024–15/08/2025** (Including travel days)

**Duration: 9** days (8 nights)

Size of national group: 5 participants of which 1 youth leader

Language: English

**Travel costs:** The reimbursement of travel costs will be calculated according to Erasmus+ distance band calculator (20 Euro for travels between 10 and 99 Km; 180 Euro for travels between 100 and 499 Km; 275 Euro for travel between 500 and 1999 Km; 360 Euros for travel between 2000 and 2999 km)

#### **Travel Reimbursement info**

In order to get the reimbursement of your travel expenses, please provide the following supporting documents:

- In case of bus, ship, car sharing and train: original tickets and/or invoice
- In case of plane: e-booking and/or invoice and boarding passes





## Höllviken

The largest town in Vellinge municipality is HÖLLVIKEN, with roots from the Viking age, which, with its strategic location, has developed over the last 50 years from a popular seaside resort and mostly summer residence to a year-round residence. On one side is the Baltic Sea with a half-mile-long white sandy beach with dunes; on the other side is a shallow beach towards Öresund, which has become popular among surfers.



The white sandy beach, lined with characteristic bathing huts, is considered one of the best beaches in Europe and forms the southern coast of Höllviken towards Kämpinge Bay.







#### **Accommodation & Food**

The accommodation is in Höllviken, a town near Malmö, Sweden. Höllviken is accessible through public transportation from Malmö & Copenhagen airports.

The accommodation will be near the nature. Indeed, the participants will sleep in a lovely camping cottage for youth where many youth spend their summer holidays. It is one of the most attractive summer holiday areas in southern Sweden.

The participants will sleep in the big cottage, having separate rooms for both genders. There are single- and two-bed rooms where the leaders from each country can be accommodated.



**WIFI:** There is no wifi device in the cottage. For those who want to use the internet, it shall be arranged from their countries of departure, as under EU roaming is free.

**Alcohol & Cigarettes:** Consumption of alcohol and smoking cigarettes are strictly prohibited in the accommodation and surrounding areas, as the accommodation belongs to the municipality. Participating organizations shall make sure that they take care of this aspect while choosing participants.

**Food:** Since the cottages are fully equipped, the participants will take their breakfast in the morning directly from the kitchen. Meals will be cooked in teams by the participants. Participants will be asked to contribute to washing dishes, common spaces, and rooms supported by leaders.





#### **Leisure Time**

The program of the youth exchange will combine both indoor & outdoor activities and pedagogy so that the participants can explore the surrounding areas. Malmö Festival will be taking place in the same week as the youth exchange. Thousands of people visit Malmö to attend the festival with daily musical performances by famous artists not only from Sweden but from around the world!



#### What to bring

- Personal towels and hygiene products;
- Walking shoes & Swimming clothes
- Light Rain jacket and/or umbrella, (It can be rainy days in August)
- Dry food and sweets for national evening
- A bottle of drinking water
- Mosquito repellent & sunblock
- European Health insurance card
- Sheets, duvet cover and pillowcase

#### Meeting point and how to reach it

The exact address of the hosting place is: Stärnbovägen 6, HÖLLVIKEN, Sweden

https://kartor.eniro.se/?c=55.409844,12.967901&z=14&q=%22st%C3%A4rnbov%C3%A4gen%206%20h%C3%B6llviken%22;geo





#### How to reach Höllviken?

To reach Höllviken, there are various options:

#### **BY PLANE**

Malmö Sturup Airport (mainly national/European flights);

Copenhagen Kastrup Airport (national and international flights, especially low cost options, with many cities around Europe);

Distance from both Malmö airport & Copenhagen airport to Central Station Malmö is around 32 km.

Malmö airport to Malmö Central station bus: <a href="https://www.flygbussarna.se/en/timetable">https://www.flygbussarna.se/en/timetable</a>

From Copenhagen Kastrup Airport to Malmö Central Station:

There is train every 15 minutes towards Sweden until late night

www.oresundstag.se/en

Please note: Train tickets are valid in local busses in Malmö & Copenhagen

To reach **Höllviken** from Malmö Centralen, take regional bus 15 to Höllviken Östra Halörsvägen and regional bus 181 to Höllviken Henriksdalsvägen, and then walk to the destination.

For local bus and train map, please check: www.skanetrafiken.se

**Be careful:** if you arrive in another city than Malmö/Copenhagen, please contact us to check the travel options to reach Höllviken, especially when it's late afternoon or evening.

#### **Useful contact**

#### **Asif Khan**

Project Responsible

Email: asif@ccbe.se Mob: +46 704 33 565





## **Partner organizations in Project:**









# pistes sçolidaires





