



### YOUTH EXCHANGE GEN EU: UNITED WE PLAY



### ABOUT THE ECA PROJECT

THE EUROPEAN CITIZENSHIP ACADEMY IS A EUROPEAN YOUTH EDUCATION PROJECT WHICH AIMS TO ENGAGE YOUNG PEOPLE AND YOUTH ORGANISATIONS IN THE DEMOCRATIC PROCESS AND SOCIETY BY OFFERING TRAINING, DEVELOPING EXCHANGES AND ENCOURAGING MEETINGS, DISCUSSION AND DEBATE, TO HELP THEM IDENTIFY THEIR LINK WITH THE EU, ITS VALUES AND ITS DEMOCRATIC FOUNDATIONS, IN A WORD TO ACCOMPANY THEM IN BECOMING ACTIVELY AWARE OF THEIR EUROPEAN CITIZENSHIP.

### ABOUT THE YOUTH EXCHANGE

GEN EU: UNITED WE PLAY IS A YOUTH EXCHANGE THAT WILL BRING TOGETHER YOUNG PEOPLE AGED 13 TO 15 FROM SPAIN, FRANCE, ITALY, POLAND, AND NORTH MACEDONIA — ALL MEETING IN ALICANTE. FOR ONE WEEK, WE'LL LIVE, LEARN AND PLAY TOGETHER, EXPLORING WHAT IT MEANS TO BE PART OF A DIVERSE EUROPE.THROUGH CREATIVE ACTIVITIES, GROUP DYNAMICS, AND CULTURAL EXCHANGE, WE'LL REFLECT ON HUMAN RIGHTS, ACTIVE CITIZENSHIP, AND HOW TO BUILD A FAIRER SOCIETY FROM OUR EVERYDAY LIVES. AN OPPORTUNITY TO CONNECT, LISTEN, AND GROW — TOGETHER.

The project will be carried out in the course of 9 consecutive days:

Arrival Date: 21.08.2025

Activity Dates: 22.08.2025 - 28.05.2025

**Departure Date: 29.08.2025** 

### PROFILE OF PARTICIPANT

- ARE 13 TO 15 YEARS OLD AT THE TIME OF THE YE
- OPEN TO CONNECTING WITH YOUNG PEOPLE FROM DIVERSE BACKGROUNDS AND CULTURES TO FOSTER EMPATHY AND MUTUAL UNDERSTANDING.
- ENJOY GAMES, TEAMWORK, AND CREATIVE WORKSHOPS
- ARE INTERESTED IN LEARNING MORE ABOUT EUROPE, DEMOCRACY, AND HOW YOUNG PEOPLE CAN MAKE A DIFFERENCE
- ARE READY TO COMMUNICATE IN BASIC ENGLISH (WITH SUPPORT IF NEEDED)
- HAVE PARENTAL PERMISSION TO JOIN AN INTERNATIONAL PROJECT AND TRAVEL

### **GROUP LEADER**

- CONNECTED WITH A SENDING ORGANIZATION.
- YOUTH WORKERS WITH PRIOR EXPERIENCE IN THE FIELD OF YOUTH WORK.
- EXPERIENCED AND QUALIFIED TO CARE FOR A GROUP OF YOUNG PEOPLE.
- GROUP LEADERS MAY BE OVER 30 YEARS OLD.

### **VENUE OF THE EVENT**

THE YOUTH EXCHANGE IS SCHEDULED TO TAKE PLACE IN THE COASTAL CITY OF ALICANTE, LOCATED IN SOUTHEASTERN SPAIN. PARTICIPANTS WILL BE STAYING AT THE YOUTH HOSTEL, ALBERGUE JUVENIL LA FLORIDA, SITUATED ON ORIHUELA STREET. THIS SPACIOUS COMPLEX FEATURES NUMEROUS ROOMS ACCOMMODATING UP TO FOUR BEDS WITH PRIVATE BATHROOMS. AS THIS IS A YOUTH HOSTEL, PLEASE REMEMBER TO BRING YOUR OWN TOWELS AND TOILETRIES, AS THEY WILL NOT BE PROVIDED (TOWEL RENTALS ARE AVAILABLE FOR AN ADDITIONAL FEE). ALSO, DON'T FORGET SUNSCREEN, AS THE SUN IN SPAIN IS STRONG YEAR-ROUND. IF YOU HAVE ANY QUESTIONS REGARDING THE VENUE, FEEL FREE TO REACH OUT TO US.

ADDRESS: ALBERGUE JUVENIL LA FLORIDA AV. D'ORIOLA, 59, ALICANTE

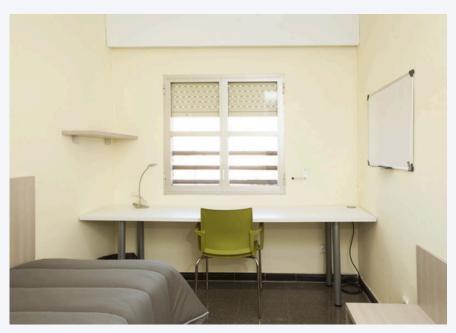
THE HOSTEL PROVIDES BEDDING, BUT TOWELS ARE NOT INCLUDED. YOU CAN RENT IT FOR 2EUR. COMPLIMENTARY WI-FI IS AVAILABLE THROUGHOUT THE HOSTEL.

WE ADVISE PARTICIPANTS TO BRING ANY PRINTED MATERIALS THEY MAY NEED, AS THERE IS NO PRINTING CENTER IN THE VICINITY.

PLEASE NOTE THAT SMOKING AND ALCOHOL CONSUMPTION ARE STRICTLY PROHIBITED ON THE HOSTEL PREMISES. A MEMBER OF THE COORDINATORS' TEAM WILL ALWAYS BE PRESENT AT THE HOSTEL TO ASSIST PARTICIPANTS THROUGHOUT THEIR STAY.

THE YOUTH HOSTEL WILL PROVIDE BREAKFAST, LUNCH, AND DINNER. THE KITCHEN IS FULLY EQUIPPED AND ACCESSIBLE AT ALL TIMES. PARTICIPANTS ARE REQUIRED TO DECLARE ANY SPECIAL DIETARY NEEDS (SUCH AS FOOD ALLERGIES AND PREFERENCES) ON THE REGISTRATION FORM.







# HOW TO PREPARE YOURSELF TO THE PROJECT

### DOCUMENTS

BE SURE THAT YOU HAVE VITAL INSURANCE CARD AND IDENTITY CARD

### LUGGAGE

YOU WILL STAY AT THE HOSTEL. TAKE WITH YOU YOUR OWN TOILETRIES AND TOWELS. THE HOSTEL IS NEARBY THE SEA SO TAKE WITH YOU THE SWIMSUIT, SPF FILTER AND BEACH TOWEL.

### SPECIAL NEEDS

IN ORDER TO PROVIDE A SAFE EXPERIENCE FOR ALL PARTICIPANTS, THE TRAINING TEAM RECOMMENDS/APPRECIATES THAT PEOPLE WHO HAVE ANY SPECIAL NEEDS RELATED TO THEIR PHYSICAL/MENTAL WELLBEING, PLEASE LET US KNOW PRIVATELY IN ADVANCE, SO THAT WE CAN ADAPT THE METHODOLOGY OF THE EVENT. IF NECESSARY.

### SUMMER IN SPAIN

SUMMER IN ALICANTE IS HOT AND SUNNY, WITH AVERAGE DAYTIME TEMPERATURES RANGING AROUND 32°C. THE UV INDEX IS HIGH, SO SUNSCREEN (SPF 50) IS ESSENTIAL. WE RECOMMEND BRINGING A SWIMSUIT FOR THE BEACH, A HAT OR CAP TO PROTECT YOURSELF FROM THE SUN, AND A REUSABLE WATER BOTTLE—YOU CAN REFILL IT AT OUR WATER STATIONS TO STAY HYDRATED THROUGHOUT THE DAY.

### INTERCULTURAL EVENING

THIS WILL BE A UNIQUE OPPORTUNITY TO SHOWCASE THE RICHNESS OF YOUR COUNTRY. INSTEAD OF A TRADITIONAL POWERPOINT PRESENTATION WITH PHOTOS, WE ENCOURAGE YOU TO GET CREATIVE! BRING YOUR CULTURE TO LIFE WITH MUSIC, FOOD, DANCES, AND MAYBE EVEN A FUN QUIZ OR SURPRISE ACTIVITY FOR THE OTHER PARTICIPANTS. LET YOUR IMAGINATION RUN WILD!

PLEASE KEEP IN MIND THAT THERE IS NO FRIDGE AVAILABLE AT THE VENUE FOR STORING FRESH FOOD. PLAN ACCORDINGLY WHEN THINKING ABOUT WHAT TO BRING.

WE CAN'T WAIT TO SEE HOW YOU'LL SURPRISE AND DELIGHT EVERYONE WITH YOUR CULTURAL TREASURES!



The best option is to flight to **ALICANTE-ELCHE AIRPORT**.

If you have to flight to another city we recommend MADRID BARAJAS or VALENCIA airport. Then you can arrive to Alicante by train (renfe.es) or bus (alsa.com). Before buying the tickets please double check first the bus/train connection as sometimes there are big hour gaps.

### FROM MADRID

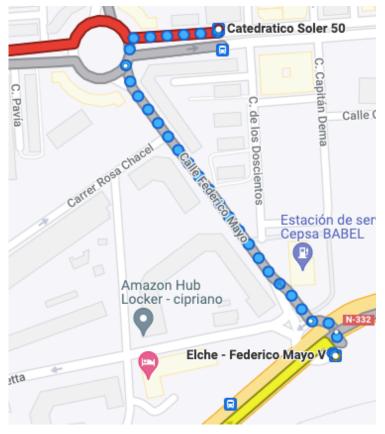
- You can take a direct bus from the airport to Alicante at 22:45 (duration 6h30m) or 23:45 (duration 5h55m), (buy tickets in advance (www.alsa.com)
- You can go to terminal 4 and take a train to C1 and go to Atocha or Chamartí train station, then go to Madrid Estación Sur Bus station where you can find buses to Alicante, the journey takes 5h. You can check the hours at www.alsa.com You can take as well a train from Atocha Station or Chamartín Station to Alicante. The train goes only 3h and there are various train companies like: RENFE, OUIGO and IRYO.

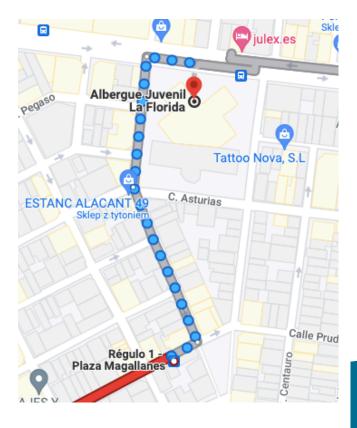
### FROM VALENCIA

- By metro you can go to the train station and take a train to Alicante. It's a 2h long trip. The schedule you can find at www.renfe.es
- Every hour you can catch the bus from Valencia bus station to Alicante (www.alsa.com) You can get there by metro and bus. We recommend you to check it on google maps.

### FROM ALICANTE AIRPORT

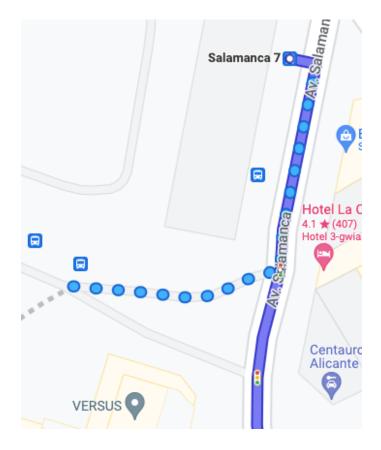
Take a city bus C-6 and go to 3rd stop (Elche - Federico Mayo V) then go to the bus stop Catedrático Soler 50 and take a bus line 02 direction La Florida get out at 7th stop (Régulo 1 - Plaza Magallanes)

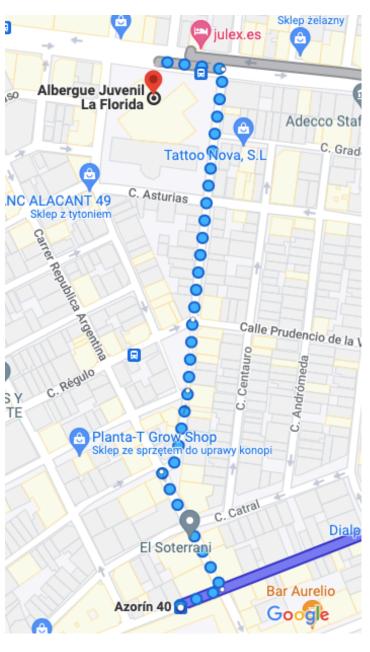




### FROM ALICANTE TRAIN STATION

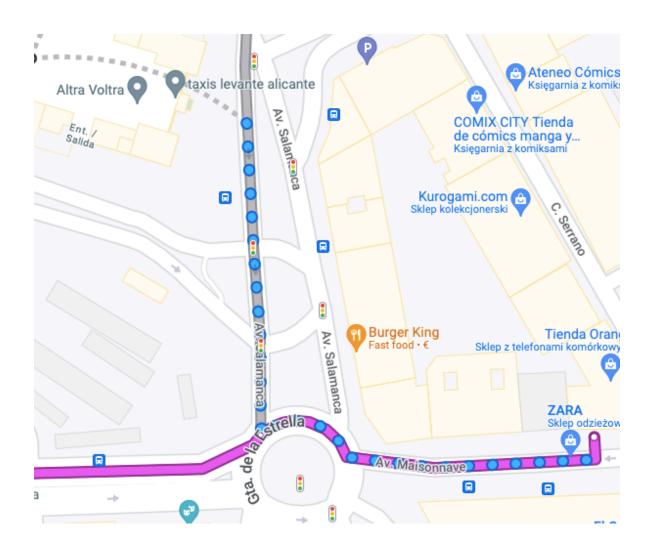
You can take the bus 04 from bus stop Salamanca 7 direction Cementerio and get out at the stop Azorín 40 (6 stops).





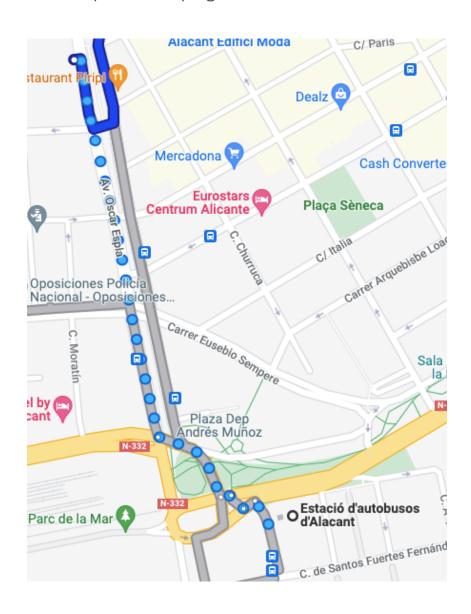
### FROM ALICANTE TRAIN STATION

Another option is to take a bus 03 from the bus station Maisonnave 42 with direction Ciudad Asis, and go directly to the youth hostel. The bus will stop at Orihuela Albergue-108 (6 stops)



### FROM ALICANTE BUS STATION

Bus 07 from the bus stop Oscar Esplá 37, direction El Rebolledo. The stop is called Orihuela 108 which is in the front of the youth hostel. You can go a little but furhter and take as well the bus 03 from the bus stop Maisonnave 42 (check previous page).



# THINGS YOU SHOULD KNOW

### **DOCUMENTS, VISA, INSURANCE:**

Be sure that you have a valid identity card/travel document.

We kindly ask the European participants and non-EU participants to take care of the health insurance for both travel and stay during the training course. Otherwise, any expenses for medical care in Spain will be considered as personal costs of the participants. Cazalla Intercultural will not reimburse the participants for any medical costs. We strongly recommend to bring with you your European health insurance card or for participants outside the EU - a travel insurance.

### LUGGAGE:

you will stay at our hostel. Take with you your own toiletries and towels. If you want you can rent a towel for 2 EUR charge.

### TRAVEL ITINERARY:

Don't buy a tickets without previous consultation with the coordinator (hosting@cazalla-intercultural.org. Send us in advance your travel itinerary.

### **ACCOMMODATION AND FOOD:**

The Erasmus+ Programme provides accommodation and food. If you have any allergies please let us know in the Registration form, so we can make your experience as enjoyable as possible.

### CONTACT

**GABI** 

hosting@cazalla-intercultural.org

working hours: 10:00 - 14:30

16:00 - 19:30

REGISTRATION FORM FOR SELECTED (!) PARTICIPANTS CLICK!