

ECA - EUROPEAN CITIZENSHIP ACADEMY

# YOUTH EXCHANGE THESSALONIKI 27/7-4/8

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Co-funded by  
the European Union



# Themes of the Youth Exchange

**European education in the field of youth and the place of Europe in the lives of young people: challenges, opportunities and citizenship**

**Skills/knowledge acquired:** Participants will strengthen their sense of belonging to the European community and their European citizenship.

They will develop their willingness to get involved and defend the themes worked on in the ECA pathway and the youth exchange in particular. Thanks to exchanges between peers, they will be more aware of best practices in terms of involvement and the opportunities for action that exist.

They will develop their intercultural skills through encounters with young people from other countries and from different backgrounds. They will be more open-minded. They will break down prejudices and stereotypes.

They will strengthen their ability to interact with others in an intercultural context, and to listen and express themselves in a foreign language. They will gain self-confidence and be able to value this experience. They will be convinced and motivated by experiences abroad, particularly in Europe.





# Who We Are

**United Societies of Balkans (USB)** is a **non-profit, non-governmental organization** based in Thessaloniki, Greece, working in the fields of youth, human rights and intercultural dialogue. It was **founded in 2008** by a group of active young people who wanted to address the social problems of youth in the Balkans and Eastern Europe. The vision and goal of the organization is to promote **youth ownership, participation in economic and political life, youth mobility, volunteering** and **human rights**. The key areas of the organization's activities concern the defense of human rights and intercultural dialogue, the organization of youth-related projects such as youth exchanges and training courses that can bring together young people from the **Balkans and Europe**, and the organization of local interventions, campaigns, research, seminars and multimedia productions. It envisions a global and inclusive society where citizens are equally empowered to contribute to shaping a world with less prejudice, discrimination and other forms of injustice.



# THE CITY

The metropolis of Thessaloniki has a **population of over a million** and is the **biggest city in the northern part of Greece**. It is built by Thermaïkos and Strymonikos Gulf, on fertile grounds resting beside the Rivers of Axios, Gallikos and Loudias, as well as the lakes Koroneia and Volvi.

Findings prove that Thessaloniki has been inhabited since prehistoric times, marked by **multiculturalism**, yet its present day modernised state is charmingly intertwined with archaeological sites, byzantine churches and other significant monuments from the past.

Thessaloniki is a **busy, bustling city** at all times of the day but especially at night when it becomes brighter and colourful.

## Points of Interest

- |                                    |   |  |
|------------------------------------|---|--|
| 01<br>MONUMENTS<br>Byzantine Baths | 02<br>MONUMENTS<br>The walls of Thessaloniki  | 03<br>MUSEUMS<br>Archaeological Museum of Thessaloniki |
| 04<br>MONUMENT<br>The White Tower  | 05<br>MONUMENTS<br>Palace complex of Galerius | 06<br>MONUMENTS<br>Heptapyrgion                        |
| 07<br>MONUMENTS<br>The Rotunda     | 08<br>SCULPTURES<br>The Umbrellas             | 09<br>SCULPTURES<br>Statue of Alexander the Great      |



# ACCOMODATION

Our building provides accommodation for participants in mobility and volunteering programs. Its strategic location offers exceptional accessibility, with immediate proximity to subway, bus, and train stations. The facility comprises 3 floors, featuring dormitory - style rooms with shared bathroom facilities and a communal breakfast area.

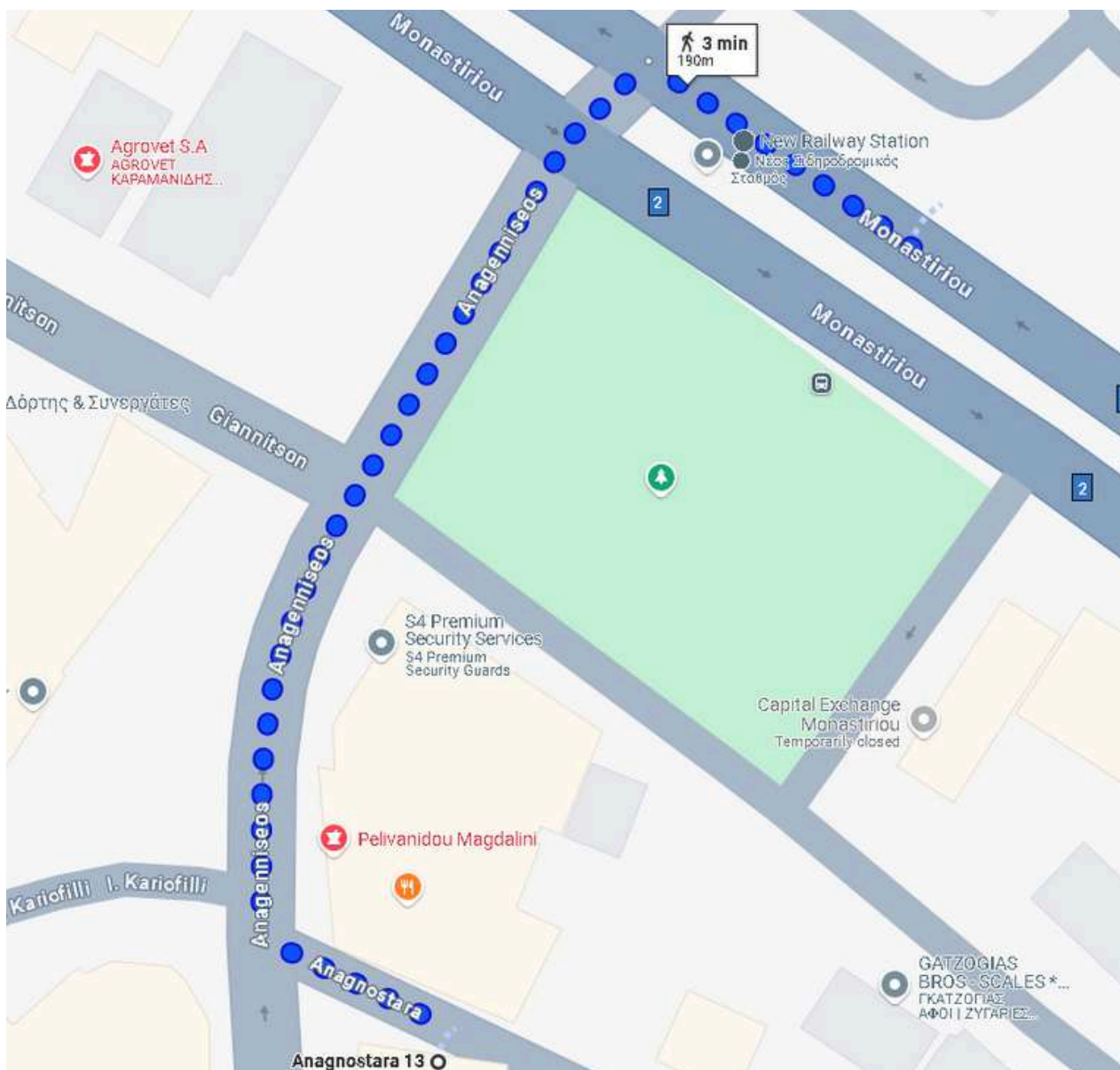
**Address : Anagnostara 13**





# HOW TO GET THERE

Welcome to Thessaloniki! After you land at SKG Airport, head to the arrivals area. You'll find the airport bus stop right outside. Please take the X1 bus and get off at the "New Railway Station" (Neos Sidirodromikos Stathmos) stop. Our building is just a short, 3-minute walk (around 190 meters) away!"



# COMMUTING

## Metro

Ticket can only be purchased with change or small bills directly from the metro stations. Tickets are rechargeable.

## Fun Fact

Many antiquities discovered due to the construction are on display at permanent in-station exhibitions, while the major discoveries can be found at station Venizelou. These make up the world's first publicly-accessible open-air archaeological site contained in situ within a metro station.

### Basic Ticket

Full Price: €0,60

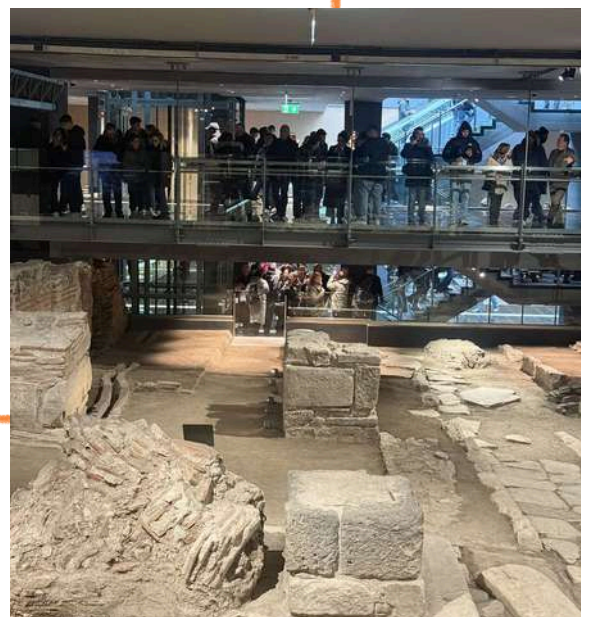
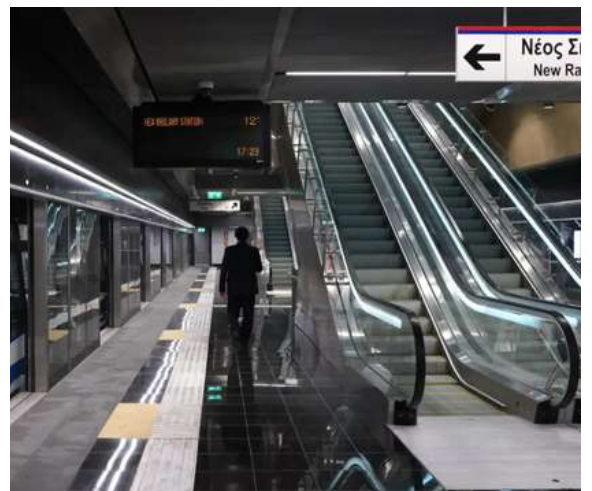
Reduced Price: €0,30

The basic ticket is valid for 70 minutes from its validation upon the first boarding, allowing unlimited journeys on the metro within this time frame.

### Daily Ticket

Full Price: €2,50

The daily ticket is valid for 24 hours from its validation upon the first boarding and allows unlimited use on the metro within this time frame.



# ESSENTIALS

## WHAT TO BRING WITH YOU

**ID**, **Passport** or any travelling document needed, **medicine** that you may need

Given that Greece typically experiences **warm weather** in summertime, with occasional **rain showers**, it's advisable to pack summer attire, light jackets, an umbrella, and sunscreen. Also Swimsuit (if you wanna swim) and slippers.

For our **multicultural night**, please bring items representing your culture for sharing and interaction. Examples: snacks, crafts, flags, performances, clothing.

